

**PENGARUH MODEL PEDOMAN PERILAKU *PERSONAL*
HEGIENE DAN PENGELOLAAN LINGKUNGAN TERHADAP
PERILAKU *PERSONAL* *HEGIENE* SANTRI SERTA KEJADIAN
SCABIES DI PONDOK PESANTREN
AR-RISALAH**

THESIS



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INTISARI

Scabies merupakan penyakit kulit yang disebabkan oleh tungou *sarcoptes scabies var hominis*. Faktor perilaku menjadi hal yang dominan berpengaruh terhadap kejadian scabies di Pondok Pesantren . Tindakan hidup bersih dan sehat sangat di butuhkan oleh masyarakat pesantren utamanya santri dari mulai perilaku mandi, perilaku berpakaian, perilaku mencuci, perilaku tidur, pengelolaan lingkungan hingga layanan kesehatan. Selain itu kejadian scabies terjadi karena hunian padat penduduk, dan Pendidikan kesehatan yang rendah. Tujuan penelitian ini adalah Menganalisis Pengaruh Model Pedoman Perilaku Personal Hegieine dan Pengelolaan Lingkungan Terhadap Perilaku Personal Hegieine Serta Kejadian *Scabies* Pada Santri. Desain penelitian ini adalah quasy Quasy-Experiment (Penelitian Experimen semu) dengan pre-test and post test with control design yang bertujuan untuk mengetahui pengaruh model perilaku personal hygiene dan pengelolaan lingkungan terhadap perilaku personal hygiene serta kejadian scabies di pondok pesantren. Pengambilan sample dengan Teknik purposive sampling terdiri dari 28 responden. Intervensi diberikan selama 21 hari. Hasil penelitian terdapat perbaikan prilaku personal hegieine dengna Uji *Paired Samples T-Test* didapatkan nilai $P < 0,05$ dan penurunan kejadian scabies dengan Uji Perbedaan *Mann-Whitney Test* didaoatkan nilai $P < 0,05$ pada kelompok intervensi Setelah diberikan model prilaku personal hegieine dan pengeloaan lingkungan.

Kata Kunci: *Hygiene perorangan, scabies , Pengelolaan lingkungan*

**THE EFFECT OF MODEL GUIDELINES PERSONAL HEGIENE BEHAVIOUR
AND ENVIRONMENTAL MANAGEMENT ON PERSONAL HEGIENE
BEHAVIOR THE STUDENT AND THE INCIDENT SCABIES IN AR-RISALAH
BOARDING SCHOOL**

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ABSTRACT

Scabies is a skin disease caused by Tungou *Sarcoptes Scabies var hominis*. Behavioral factors become the dominant effect on the incidence of scabies in Boarding School. The action of clean and healthy living is needed by the community of Pesantren mainly students from the start of bathing behavior, dressing behavior, behavior of washing, sleep behavior, environmental management to health care. In addition, scabies events occur due to populated residential, and low health education. The purpose of this research is to analyze the effect of the Personal behavior guidelines Model of Hegie and environmental management on the Personal behavior of Hegie and Genesis Scabies in Santri. The design of this research is quasy of Quasy-Experiment (research Experimen Semu) with pre-test and post test with control design that aims to know the effect of personal hygiene behavior model and environmental management of personal hygiene behaviour as well as scabies events in boarding school. Sampling with purposive sampling technique consisted of 28 respondents. Interventions were given for 21 days. The results of the study there are improvements in personal hygienic behavior with Paired Samples T-Test obtained P value <0.05 and decreased incidence of scabies with Mann-Whitney Test Difference Tests showed P value <0.05 in the intervention group After given the personal hygienic and management behavioral models environment

Keyword: *Personal Hygiene, Scabies, Enviromental Management*