

DAFTAR PUSTAKA

Al-Qur'an Surah Ar-Rad ayat 11. November 1, 2020
<https://www.bayan.id/quran/13-11/>

Agatha, R., & Aveonita, R. (2015). Effect of aloe vera in lowering blood glucose levels on diabetes melitus. *J Majority*, 4, 104–109. Retrieved from <http://juke.kedokteran.unila.ac.id/index.php/majority/article/view/533>

Aghniya, R. (2017). Hubungan Lamanya Menderita Diabetes Melitus Dengan Terjadinya Diabetic Peripheral Neuropathy (DPN) Pada Pasien Diabetes Mellitus Tipe 2 Di GRAHA Diabetika Surakarta.

Allorerung, D., Sekeon, S., & Joseph, W. (2016). Hubungan Antara Umur, Jenis Kelamin Dan Tingkat Pendidikan Dengan Kejadian Diabetes Melitus Tipe 2 Di Puskesmas Ranotana Weru Kota Manado Tahun 2016, 1–8.

Amelia, R., Lelo, A., & Mutiara, E. (2018). Analysis of factors affecting the self-care behaviors of diabetes mellitus type 2 patients in Binjai , North Sumatera-Indonesia, (January).

Antonioli, L., Blandizzi, C., Csóka, B., Pacher, P., & Haskó, G. (2015). Adenosine signalling in diabetes mellitus-pathophysiology and therapeutic considerations. *Nature Reviews Endocrinology*, 11(4), 228–241. <https://doi.org/10.1038/nrendo.2015.10>

Arikunto. (2013). Prosedur Penelitian: Suatu Pendekatan Praktek. Jakarta: Rineka Cipta.

Arnold, S. V., Inzucchi, S. E., Echouffo-Tcheugui, J. B., Tang, F., Lam, C. S. P., Sperling, L. S., & Kosiborod, M. (2019). Understanding contemporary use of thiazolidinediones an analysis from the diabetes collaborative registry. *Circulation: Heart Failure*, 12(6), 1–5. <https://doi.org/10.1161/cirheartfailure.118.005855>

Bonelli, R., Dew, R. E., Koenig, H. G., Rosmarin, D. H., & Vasegh, S. (2012). Religious and spiritual factors in depression: Review and integration of the research. *Depression Research and Treatment*, 2012(August). <https://doi.org/10.1155/2012/962860>

Bowman et al. (2018). Effects of Aspirin for Primary Prevention in Persons with Diabetes Mellitus. *New England Journal of Medicine*, 379(16), 1529–1539. <https://doi.org/10.1056/nejmoa1804988>

Capodanno, D., & Angiolillo, D. J. (2016). Aspirin for Primary Cardiovascular

- Risk Prevention and beyond in Diabetes Mellitus. *Circulation*, 134(20), 1579–1594. <https://doi.org/10.1161/Circulationaha.116.023164>
- Chawla, A., Chawla, R., & Jaggi, S. (2016). Microvascular and macrovascular complications in diabetes mellitus: Distinct or continuum? *Indian Journal of Endocrinology and Metabolism*, 20(4), 546–553. <https://doi.org/10.4103/2230-8210.183480>
- Da Mata, A. R., Álvares, J., Diniz, L. M., Da Silva, M. R. R., Dos Santos, B. R. A., Júnior, A. A. G., ... De Assis Acurcio, F. (2016). Quality of life of patients with Diabetes Mellitus Types 1 and 2 from a referral health centre in Minas Gerais, Brazil. *Expert Review of Clinical Pharmacology*, 9(5), 739–746. <https://doi.org/10.1586/17512433.2016.1152180>
- Darmadipura et al., P. dr. M. S., & Juneman. (2013). *Isu Etik Dalam Penelitian di Bidang Kesehatan*. Retrieved from <http://www.aifi.or.id/jurnal/isu-etik-dalam-penelitian-di-bidang-kesehatan-buku-aifi>
- Dedi. (2019). Hubungan tingkat kecemasan pasien dengan Kepatuhan diet pada pasien diabetes mellitus di rumah sakit umum mitra medika medan. *Keperawatan Priority*, 2(1), 74–85. Retrieved from <https://www.neliti.com/id/publications/290551/>
- Dinkes Ciamis, (2020). Data Penderita Diabetes Melitus. 11, November 2020
- Fatchiyah, F., Nurmasari, D. A., Masruro, N., & Rohmah, R. N. (2019). Level of mRNA Insulin Gene and Blood Glucose STZ-Induced Diabetic Rat are Improved by Glucomannan of Amorphophallus muelleri Blume from East Java Forest Indonesia. *Journal of Tropical Life Science*, 9(2), 163–169. <https://doi.org/10.11594/jtls.09.02.05>
- Fitriani, R. (2017). Hubungan Antara Lamanya Menderita Diabetes mellitus Tipe 2 Dengan Fungsi Kognitif Di GRHA Diabetika Surakarta.
- Fox, C. S., Golden, S. H., Anderson, C., Bray, G. A., Burke, L. E., De Boer, I. H., ... Vafiadis, D. K. (2015). Update on prevention of cardiovascular disease in adults with type 2 diabetes mellitus in light of recent evidence: A scientific statement from the American Heart Association and the American Diabetes Association. *Circulation*, 132(8), 691–718. <https://doi.org/10.1161/CIR.0000000000000230>
- Glovaci Diana et al. (2019). Epidemiology of Diabetes Mellitus and Cardiovascular Disease. *Springer*, 1–8. <https://doi.org/https://doi.org/10.1007/s11886-019-1107-y>
- Grant, R. W., O'Brien, K. E., Waxler, J. L., Vassy, J. L., Delahanty, L. M.,

- Bissett, L. G., ... Meigs, J. B. (2013). Personalized genetic risk counseling to motivate diabetes prevention: A randomized trial. *Diabetes Care*, 36(1), 13–19. <https://doi.org/10.2337/dc12-0884>
- Hooker, G. W., Babu, D., Myers, M. F., Zierhut, H., & Mcallister, M. (2017). Standards for the Reporting of Genetic Counseling Interventions in Research and Other Studies (GCIRS): an NSGC Task Force Report, 355–360. <https://doi.org/10.1007/s10897-017-0076-9>
- Huang, I. (2018). Patofisiologi dan Diagnosis Penurunan Kesadaran pada Penderita Diabetes Mellitus. *Medicinus*, 5(2), 48–57. <https://doi.org/10.19166/med.v5i2.1169>
- Indriani, S., Amalia, I. N., & Hamidah, H. (2019). Hubungan Antara Self Care Dengan Insidensi Neuropaty Perifer Pada Pasien Diabetes Mellitus Tipe II RSUD Cibabat Cimahi 2018. *Jurnal Ilmu Kesehatan Bhakti Husada: Health Sciences Journal*, 10(1), 54–67. <https://doi.org/10.34305/jkbh.v10i1.85>
- Istiyawanti, H., Udiyono, A., Ginandjar, P., & Adi, M. S. (2019). Gambaran Perilaku Self Care Management Pada Penderita Diabetes Melitus Tipe 2, 7, 155–161.
- Isnaini, N. (2018). Pengaruh Edukasi dan Konseling Pilar DM Terhadap Pengetahuan dan Sikap dan level Gula Darah. *The 8 Th University Research Colloquium 2018 Universitas Muhammadiyah Purwokerto*, 672–678.
- Januar, A., Putra, P., Widayati, N., & Sutawardana, J. H. (2017). Hubungan Diabetes Distress dengan Perilaku Perawatan Diri pada Penyandang Diabetes Melitus Tipe 2 di Wilayah Kerja Puskesmas Rambipuji Kabupaten Jember (Correlation between Diabetes Distress and Self- care Behaviour in People with Type 2 Diabetes Mellitu, 5(1), 185–192.
- Javeed, N., & Matveyenko, A. V. (2018). Circadian etiology of type 2 diabetes mellitus. *Physiology*, 33(2), 138–150. <https://doi.org/10.1152/physiol.00003.2018>
- Kautzky-Willer, A., Harreiter, J., & Pacini, G. (2016). Sex and gender differences in risk, pathophysiology and complications of type 2 diabetes mellitus. *Endocrine Reviews*, 37(3), 278–316. <https://doi.org/10.1210/er.2015-1137>
- Khorgami, Z., Shoar, S., Saber, A. A., Howard, C. A., Danaei, G., & Sclabas, G. M. (2019). Outcomes of Bariatric Surgery Versus Medical Management for Type 2 Diabetes Mellitus: a Meta-Analysis of Randomized Controlled Trials. *Obesity Surgery*, 29(3), 964–974. <https://doi.org/10.1007/s11695-018-3552-x>
- Kochar Kaur, K., Allahbadia, G., & Singh, M. (2019). Importance of

Simultaneous Treatment of Obesity and Diabetes Mellitus: A Sequelae to the Understanding of Diabesity-A Review. *Obesity Research – Open Journal*, 6(1), 1–10. <https://doi.org/10.17140/oroj-6-136>

Kuo, Y. F., Goodwin, J. S., Chen, N. W., Lwin, K. K., Baillargeon, J., & Raji, M. A. (2015). Diabetes mellitus care provided by nurse practitioners vs primary care physicians. *Journal of the American Geriatrics Society*, 63(10), 1980–1988. <https://doi.org/10.1111/jgs.13662>

Laili, N. R., Dewi, Y. S., & Widayati, I. Y. (2012). Edukasi dengan pendekatan prinsip diabetes self management education (dsme) meningkatkan perilaku kepatuhan diet pada penderita diabetes mellitus tipe 2. *Keperawatan*, 1–9.

Leroy, B. S. (2020). Genetic Counseling Practice : Advanced Concepts and Skills , 2nd Edition. Retrieved November 14, 2020, from <https://www.wiley.com/en-id/9781119529859%0AGenetic>

Luthfa, I., & Fadhilah, N. (2019). Self Management Menentukan Kualitas Hidup Pasien Diabetes Mellitus. *Endurance : Kajian Ilmiah Problema Kesehatan*, 4(2), 397–405. Retrieved from <http://ejournal.kopertis10.or.id/index.php/endurance>

Mixel. (2015). Classification and diagnosis of diabetes. *Diabetes Care*, 38(January), S8–S16. <https://doi.org/10.2337/dc15-S005>

Nasution, F., & Siregar, A. A. (2020). Edukasi Pencegahan Risiko Diabetes Melitus pada Masyarakat di Pematang Bandar Simalungun. *Pengabdian Harapan Ibu (JPHI)*, 2(2), 35–42. <https://doi.org/http://doi.org/10.30644/jphi.v1i1.416>

Noventi et al. (2018). Self Management Support Program pada penderita Diabetes dengan pendekatan Diabetes Support Group di RSI Surabaya. *Keperawatan*, 3, 1–5. <https://doi.org/doi.org/10.33086/cdj.v2i1.723>

Novitasari, L., Perwitasari, D. A., & Khoirunnisa, S. M. (2016). Validity of short form 36 (SF-36) Indonesian version on rheumatoid arthritis patients, 36, 80–86. Retrieved from www.journal.uii.ac.id/index.php/jkki%0AValidity

Nuari, N. A. (2018). Diabetes Burnout Syndrom With Self Care Agency Diabetes Mellitus Type 2 Patient. *Journal of Health Science and Prevention*, 2(2), 78–82. <https://doi.org/10.29080/jhsp.v2i2.122>

Nuraisyah, F., Kusnanto, H., & Rahayujati, T. B. (2017). Dukungan keluarga dan kualitas hidup pasien diabetes mellitus. *Berita Kedokteran Masyarakat*, 33(1), 25. <https://doi.org/10.22146/bkm.7886>

- Nursalam. (2013). Metodologi Penelitian Ilmu Keperawatan. Jakarta: Salemba.
- Owens Thomas. (2019). The relationship between genetic counseling student self-efficacy and clinical training. *Journal of Genetic Counseling*, 28(4), 767–778. <https://doi.org/10.1002/jgc4.1115>
- Parkeni. (2013). Konsensus Pengelolaan dan Pencegahan Diabetes Mellitus Tipe 2 di Indonesia. Jakarta: Pengurus Besar Perkumpulan Endokrinologi Indonesia.
- Pashar, I., Armiyati, Y., & Pranata, S. (2018). Pengaruh Pencucian Luka Antara Larutan NaCl 0.9% Dengan Kombinasi Larutan NaCl 0.9% Dan Rebusan Daun Sirih Merah 40% Terhadap Proses Penyembuhan Luka Kaki Diabetes. *Luka Indonesia*, 4(September), 57–65.
- Paskalini, V., Katuk, M. E., & Malara, R. (2017). Hubungan Dukungan Sosial Dan Motivasi Dengan Perawatan Mandiri Pada Pasien Diabetes Dalam Rsud Mokopido Toli-Toli. *Keperawatan*, 5(5), 1–10. Retrieved from <https://ejournal.unsrat.ac.id/index.php/jkp/article/view/14856>
- Perveen, S., Shahbaz, M., Guergachi, A., & Keshavjee, K. (2016). Performance Analysis of Data Mining Classification Techniques to Predict Diabetes. *Procedia Computer Science*, 82(March), 115–121. <https://doi.org/10.1016/j.procs.2016.04.016>
- Putra, I. W. A., & Berawi, K. N. (2015). Empat Pilar Penatalaksanaan Pasien Diabetes Mellitus Tipe 2. Retrieved November 12, 2020, from <http://juke.kedokteran.unila.ac.id/index.php/majority/article/view/1401>
- Quandt, Z., Young, A., & Anderson, M. (2020). Immune checkpoint inhibitor diabetes mellitus: a novel form of autoimmune diabetes. *Clinical and Experimental Immunology*, 200(2), 131–140. <https://doi.org/10.1111/cei.13424>
- Ridha Nikmatur. (2017). Proses penelitian, masalah, variabel dan paradigma penelitian. *Hikmah*, 14(1), 62–70. Retrieved from <http://jurnalhikmah.staisumateramedan.ac.id/index.php/hikmah/article/view18>
- Rosdiana et al. (2017). Implementasi Program Pengelolaan Penyakit Kronis (Prolanis). *Higeia Journal of Public Health Research and Development*, 1(3), 140–150. Retrieved from <http://journal.unnes.ac.id/sju/index.php/higeia%0A>
- Rosmawati Helmi et al. (2020). Pengaruh Konseling Dengan Media Lembar Balik Dan Brosur Terhadap Pengetahuan Tentang Gaya Hidup Pada Pasien Dm Tipe 2 Di Poli Rawat Jalan Rsud Deli Serdang. *Jurnal Muara Sains*,

Teknologi, Kedokteran Dan Ilmu Kesehatan, 3(2), 259.
<https://doi.org/10.24912/jmstkip.v3i2.5425>

Saberzadeh-Ardestani, B., Karamzadeh, R., Basiri, M., Hajizadeh-Saffar, E., Farhadi, A., Shapiro, A. M. J., ... Baharvand, H. (2018). Type 1 diabetes mellitus: Cellular and molecular pathophysiology at a glance. *Cell Journal*, 20(3), 294–301. <https://doi.org/10.22074/cellj.2018.5513>

Salim, S., Yamin, M., Alwi, I., & Setiati, S. (2017). Validity and Reliability of the Indonesian Version of SF-36 Quality of Life Questionnaire on Patients with Permanent Pacemakers, 49(1), 10–16.

Santoso, P., Susilowati, E., Dharma, A., & Kediri, H. (2018). ISSN Cetak 2303-1433 ISSN Online: 2579-7301 Pengaruh Pendampingan Diet Terhadap Kepatuhan Diet Dan Kadar Gula Darah Pada Penderita Diabetes Mellitus Di Wilayah Puskesmas Balowerti Kota Kediri, 6(2), 182–187.

Setiawan. (2018). *Konseling Genetik Pada Orang Dengan Anak Thalasemia* (Vol. 1). Yogyakarta: Absolut Media.

Setiawan, H., Sopatilah, E., Rahmat, G., Wijaya, D. D., & Ariyanto, H. (2018). University Research Colloquium 2018 STIKES PKU Muhammadiyah Surakarta Hubungan Tingkat Pengetahuan dengan Kecemasan Penderita Diabetes Mellitus, 241–248.

Setiyorini, E., & Wulandari, N. A. (2017). Hubungan Lama Menderita Dan Kejadian Komplikasi Dengan Kualitas Hidup Lansia Penderita Diabetes Melitus, (2013).

Sihotang, H. T., Utara, S., & Pendahuluan, I. (2017). Perancangan aplikasi sistem pakar diagnosa diabetes. *Mantik Penusa*, 1(1), 36–41. Retrieved from <http://www.e-jurnal.pelitanusantara.ac.id/index.php/mantik/article/view/280>

Siregar B Lusiana. (2017). Faktor yang berperan terhadap depresi , kecemasan kasus puskesmas kecamatan gambir jakarta pusat, 6(1), 15–22.

Smeltzer, S. C. (2013). *Keperawatan Medikal Bedah brunner & suddarth edisi 12.* (E. A. Mardela, Ed.) (12th ed.). Jakarta: EGC.

Suciana, F., & Arifianto, D. (2019). Penatalaksanaan 5 Pilar Pengendalian DM Terhadap Kualitas Hidup Pasien DM Tipe 2. *Ilmiah Permas*, 9(4), 311–318. Retrieved from <http://journal.stikeskendal.ac.id/index.php/PSKM/article/view/587>

Sugiyono. (2013). Metode Penelitian Kuantitatif Kualitatif Dan R&D. Bandung: Alfabeta.

Targher, G., Lonardo, A., & Byrne, C. D. (2018). Nonalcoholic fatty liver disease and chronic vascular complications of diabetes mellitus. *Nature Reviews Endocrinology*, 14(2), 1–14. <https://doi.org/10.1038/nrendo.2017.173>

Utomo Didin Wahyu et al. (2017). Pemodelan Sistem Pakar Diagnosis Penyakit pada Sistem Endokrin Manusia dengan Metode Dempster-Shafer. *Jurnal Pengembangan Teknologi Informasi Dan Ilmu Komputer*, 1(9), 893–903. Retrieved from <http://journal.unnes.ac.id/sju/index.php/higeia%0A>

UPTD Puskesmas Lombok, (2020). Data Penderita Diabetes Melitus. 13, November 2020

Voils, C. I., Coffman, C. J., Grubber, J. M., Edelman, D., Sadeghpour, A., Ph, D., ... Yancy, W. S. (2015). Does Type 2 Diabetes Genetic Testing and Counseling Reduce Modifiable Risk Factors ? A Randomized Controlled Trial of Veterans. *JGIM*, 1591–1598. <https://doi.org/10.1007/s11606-015-3315-5>

Volume, J., Print, I., Prima, J. K., & Online, I. (2015). Gambaran riwayat pola makan dan status gizi pasien diabetes melitus tipe 2 rawat jalan peserta jaminan kesehatan masyarakat (jamkesmas) di rumah sakit umum daerah kota mataram.

Wardhani, Y. F., & Paramita, A. (2016). Mental Health Services Disability and Life Style of Indonesian. *Buletin Penelitian Sistem Kesehatan*, 19(1), 99–107. <https://doi.org/10.22435/hsr.v19i1.4994.99-107>

Who, (2017). Diabetes Melitus. https://www.who.int/health-topics/diabetestabtab_1

Windasari, N. N. (2018). Pendidikan Kesehatan Dalam Meningkatkan Kepatuhan Merawat Kaki pada Pasien Diabetes Melitus Tipe II. *Unpublished*, (1), 1–5.

Windani, C., Sari, M., Yamin, A., & Santoso, M. B. (2018). Hubungan Self-Management dan Self-Efficacy Pada Pasien Diabetes Melitus di Kota Bandung, VI(1), 64–68.

Wu, R. R., Myers, R. A., Hauser, E. R., Vorderstrasse, A., Cho, A., Ginsburg, G. S., & Orlando, L. A. (2017). Impact of Genetic Testing and Family Health History Based Risk Counseling on Behavior Change and Cognitive Precursors for Type 2 Diabetes, 133–140. <https://doi.org/10.1007/s10897-016-9988-z>

Xu, X., Wang, Y., Wang, Y., Song, M., Xiao, W., & Bai, Y. (2016). Role-playing is an effective instructional strategy for genetic counseling training : an

investigation and comparative study. *BMC Medical Education*, 1–10.
<https://doi.org/10.1186/s12909-016-0756-4>

Ygo, M., Ormond, K. E., Macaulay, S., & Austin, J. (2018). Genetic counseling globally: Where are we now? *Tina-Mari e*, (February), 98–107.
<https://doi.org/10.1002/ajmg.c.31607>

Yulia, S. (2015). Faktor-faktor yang Mempengaruhi Kepatuhan Dalam Menjalankan Diet Pada Penderita Diabetes Mellitus Tipe 2. *Jurnal Ilmu Kesehatan Masyarakat*, 2, 47–49.

zainudin, utomo wasisto, herlina. (2015). Hubungan stres dengan kualitas hidup penderita diabetes mellitus tipe 2. *Jom*, 2(1), 890–898. Retrieved from <https://www.neliti.com/publications/188387/hubungan-stres-dengan-kualitas-hidup-penderita-diabetes-mellitus-tipe-2>